

RESOURCE DIRECTORY

A directory of useful resources both static (videos, skill and knowledge courses) and people (community health and community development network) around Australia.

An enlightened look at the history of women and medicine, and misconceptions about womens health



Our people, our culture – local ethnic groups present sessions on traditions to local service providers



attention is paid to the development of skills in health education, community development, teamwork and interpersonal skills

How a health centre deals with community issues such as action over the condition of Housing Commission flats, traffic problems and provision of a credit union.

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Community Devlopment in Health Project,
Ircston/Northcote District Health Council,
210 Jigh Strcl'l, Northrntc Vre 3ff70

Nation:tl Library of Australia Cataloguing-in-publication entry:
Community Development in Health

A Resource Collection

ISBN 0 7316 3318 0

Community Development in Health

Resources Directory

Introduction

Every community development worker at sometime in their careers has been faced with what seems to be an impossible task in uncharted waters. ("Change the world by Friday? Sure thing-just leave it to me and my trusty pencil."). A little bit of assistance in tackling such tasks is often useful - if you can find it.

The purpose of this Directory is to give workers easy access to useful resources; both the static ones - such as videos and skill and knowledge courses: and the people ones - basically the community health and community development network around Australia.

Hopefully community development history and current health debates will become closer to the practitioner through the use of this Directory. (. . Yes someone did try to change the world with a pencil once but all their good works just got rubbed out...)

The information in the Directory was compiled in a variety of ways. Audio-visual catalogues and Tertiary Institution handbooks were perused for likely material. Participants in Community Development in Health Workshops were also asked to suggest resources. Many people around Australia were spoken to on the phone. Special thanks should be given to the ACHA Secretariat and state representatives who were most generous with both their time and contact suggestions. Miranda Roe from Continuing Education for Primary Health Care in Australia, provided us with a valuable list of current tertiary health education courses, and Antionette Ackerman (ACT) and Ali Sinclair (S.A.) both compiled a list of the community health networks within their state for us. Jenny Stewart was employed by Community Development In Health for 6 weeks to search out and compile the information, and did the initial draft of the Directory.

The listing is by no means complete. For example, due to our location in Melbourne, the Victorian section is far more comprehensive than for some other states. At the back of the Directory is a page for new Directory listings. We would like readers to send us back information about other network organisations, courses, or audio-visual resources which they have found of use in their work and which may be of help to other practitioners.

Additions should be sent to:

**Community Development in Health Project,
P. O. Box. 57, Northcote 3070**

ISBN No. 0-7316-3318-0

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PART A NETWORK ORGANISATIONS

1. Introduction

The purpose of the network organisations section is to provide a listing of national and state peak organisations who have a strong interest in community development in health and/or a broad knowledge of community development. It is not an exhaustive list of peak organisations in the human services area.

The key people and organisations included should be able to assist with information and finding resources relevant to community development. Many are willing to share their knowledge and experience of community development, whether it be through local projects, discussion forums newsletters or theoretical debates.

We would suggest that if you don't get what you want from one phone call – try again. Community development activities and knowledge are spread across a wide geographical area and a whole variety of groups – self help groups, health services and academic institutions just to name a few. But there is a network of sorts, and after two or three phone calls the same names or organisations should be repeated. This means the information is relevant, widely used, and reflects current thinking in the community health field.

2. NATIONAL ORGANISATIONS

Australian Community Health Association (ACHA)

27-33 Spring Street Bondi Junction, NSW, 2022

ph: (02) 389 1433

The A.C.H.A. promotes a social view of health, advocates and lobbies for community based health services and programs, and encourages the involvement of consumers and workers in developing community health services. It also coordinates independent policy development and exchange of information on community health issues. A.C.H.A. provides a forum where community health professionals can exchange ideas and learn more about variations in the practice of community health work (including community development). Project work conducted in this area includes the Healthy Cities Project and CHASP (Community Health Accreditation & Standards project). A National Conference is held every two years. The ACHA produces policy analysis bulletins and background briefings as well as a tri-annual newsletter 'Update'.

Consumers Health Forum of Australia

P.O. Box 278 Curtin, ACT, 2605

ph: (062) 81 0811

The Consumers Health Forum provides an opportunity for consumer and community groups to contribute to national health policy development, particularly the policy of the Commonwealth Department of Health and Community Services. The General committee of the Forum consists of representatives of a variety of national health and consumer groups. General membership of the Forum is open to any consumer-based groups. It aims to ensure that the health system better reflects consumer and community needs and that the community develops an active decision-making role in health issues. The Forum promotes a public and preventative health approach and also advocates for just and equitable distribution of resources to redress inequalities in the health status of different groups. CHF publishes a regular 'Newsletter'. Workshops and Seminars on particular issues are convened as necessary. Occasional publications on different health issues are produced.

Australian Association of Self Help Organisations (ASHOG)

39 Darghan Street Glebe, NSW, 2037

ph: (02) 660 6136

Coalition of self help groups from all over Australia which provides a forum where self help groups can work nationally for legislative reform and social improvement.

Australian Council of Social Service (ACOSS)

8th Floor 8 – 24 Kippax Street Surrey Hills, NSW, 2010

ph: (02) 212 3277

ACOSS is the national peak council for the Australian community welfare sector. ACOSS is involved in policy development, which is undertaken via a process of consultation within the general ACOSS membership, and advocacy for social and economic reforms. Publications: 'Australian Welfare Impact', 'Australian Journal of Social Issues', 'ACOSS Paper Series' (various ACOSS submissions and reports).

Australian Women's Health Network

Contact:Jude Abbs (National Co-ordinator)
P O Box 248 Woolongabba, Qld, 4102
ph: (07) 844 1944

The Australian Women's Health Network is a feminist association of women actively concerned with women's health. Following its formation in 1986, each of the states established their own state network. The aims of the network include: to provide a national voice for women's health issues; to lobby and advocate for women's health; to provide a framework for consultation with women on strategies for the formation and implementation of policy; to promote a broad definition of women's health based on a social view of health; and to support and foster the women's health groups. Many of the members of the network are actively involved in community development work. The National body have held a conference with more planned for the future, workshops and seminars are organised primarily at the State Branch level. They regularly produce the Australian Women's Health Network newsletter.

Disabled Persons International (DPI)

P.O. Box 33 Woden, ACT, 2606
ph: (062) 81 2219

DPI is an organization run by people with disabilities for people with disabilities. The principal aim of this body is to empower people with disabilities to take control of their own lives and to advocate on their own behalf. DPI is the peak council of the disabled person's movement in Australia and actively lobbies Government on issues of concern. They also adopt an education role as well as provide information to consumers. Bi-monthly publication: 'Link Up'.

National Aboriginal and Islander Health Organisation (NAIHO)

NAIHO is the representative body of aboriginal health organisations in Australia. Contact your local aboriginal health service or co-operative for further information.

Australian Alliance for Psychiatric Disability (AAFPD)

Interim Address 791 High Street, Thornbury, 3071.
ph (03)480 2877

Consultations are currently underway in various States to form a national consumer based network of groups involved in psychiatric disability issues. For further information contact the above address.

3. STATE ORGANISATIONS

3.1 Victoria

Alcohol and Drugs

Community Resource Worker Program
c/o Health Promotion Unit 555 Collins Street Melbourne, Vic, 3000
ph: Direct line 614 1999 tollfree (008) 136 385

Community Resource Workers develop prevention and early intervention projects in the alcohol and drug area, utilising a community development approach. There are two Community Resource Workers based in each health Region in Victoria, who are available to assist groups interested in the prevention of alcohol and drug abuse. Their work varies from Region to Region, depending on which issues are most important to the area. Also act as a local resource and information point on drug and alcohol issues.

District Health Councils Program

D.H.C Central Co-ordinating Unit, Health Department Victoria
555 Collins Street Melbourne, Vic, 3000
ph: 616 7777

District Health Councils were set up in order to make health services and health planners more responsive to local needs and to the views of local people. A district health council is a group of people who, in a voluntary capacity represent community views about health issues, and enable people who live or work in an area to participate in decisions about health care locally. The aims of the councils are to improve local understanding of health care issues, to strengthen accountability of the health system to the community and to broaden community participation in health care decision-making. Many Councils are involved in projects utilising a community development model. Produce "Our Health"

Magazine,"Ears to Your Health" (tapes of weekly radio show) Individual D.H.C.'s also have their own Newsletters and publications.

Victorian Community Health Association (VCHA)

P.O. Box 263 World'> Trade Centre Melbourne, Vic, 3005

State member body of ACHA which promotes community health within the health care system: advocates for greater emphasis on prevention of ill-health, health education and non-institutional care; local management and control of health services and universal access to community health programs and services. General membership includes community health centres, D.H.C.'s and any organization with an interest in community health. Activities: -- Bi-monthly newsletter "Interchange" - Occasional Seminars on issues of interest to membership.

Victorian Council of Social Service (VCOSS)

290 Wellington Street Collingwood, Vic, 3066

ph: 419 3555

The co-ordinating body for organizations concerned with social issues and the provision for welfare services. It provides a co-operative forum for members to act together. It is a watchdog and independent voice, provides information on welfare measures, policies and social reform, comments on government policy and conducts its own research. The Council also helps to strengthen the work of non-government human service organizations by providing practical information to assist such organisations, especially disadvantaged or newer community and self-help groups. Recently, it has been instrumental in the campaign for a Community Development Workers Award. VCOSS also provides speakers to talk on matters of concern and organises workshops, and self-help groups. Publications: monthly newsletter "Policy Issues Forum" (Quarterly Journal). Numerous Information booklets.

Health Issues Centre (HIC)

3rd Floor 148 Lonsdale Street.Melbourne, Vic, 3000

ph: 662 1766

H.I.C. is an independent, non-government health policy analysis and advocacy organization. It aims to create a *more* equitable health care system, one which is more responsive to users, particularly those who are disadvantaged by current arrangements. H.I.C. identifies aspects of the current health system which needs improving as well as conditions within the broader social, economic and physical environment which affect people's health. H.I.C. provides basic support, information, resources and advice for other consumer-based group and also aims to achieve changes by developing links and coalitions between people and groups of 'like mind' with the Centre. The Centre produces a bi-monthly magazine 'Health Issues' as well as occasional booklets. It also has an Information Clearing House on current health policy issues.

Collective of Self Help Groups (COSHG)

Ross House 247 - 251 Flinders Lane, Melbourne, Vic, 3000

ph: 650 1455 650 1488

COSHG is an open network of self help groups within Victoria and interstate. It aims to link groups together around common issues and to articulate a strong self help perspective in the wider community. COSHG's major role is to assist new self help groups to get started by giving information to members, talking with groups and linking people with other groups who have similar interests/concerns. COSHG offers forums, workshops, seminars, ad hoc meetings, a COSHG support group. Publications: monthly newsletter "Collective Notes", "Resource Directory of Self-Help Groups" and occasional publications.

Health Sharing Women Group (Women's Health Information Service)

5th Floor 318 Little Bourke Street, Melbourne, Vic, 3000

ph: 663 3544

This statewide Women's Health Information Service provide's health information and educational and learning resources which enhance women's power to act in their own best interest, monitors studies and conduct research into women's health issues, and advocates for and seeks to effect improvements in the policy and *service* levels of health organizations. The service has a commitment to feminist principles, self help and co-operation between women and the right for women to have control over their own bodies. It will be a resource for women wishing to take a developmental approach to health.

Women's Health Information Resource Collective

653 Nicholson Street Carlton, 3053

ph: 380 9974

Provides an information service for all women and also supports a number of self help action groups involved with

women's health issues. The Collective has a strong commitment to community development, and broader advocacy and lobbying.

Women's Health Network (VICWHN)

P.O. Box 39 Richmond, Vic, 3121

A network for women interested in women's health, especially community health. The Victorian branch conduct bi-monthly meetings with guest speakers and produce a bimonthly newsletter called 'Hot Goss'. Members share a commitment to a feminist view of health. Meetings are informal and held in network members homes.

Disability Resources Centre

791 High Street, Thornbury, Vic, 3071

ph: 480 2877

The DRC is a resources centre managed by and for disabled people. It is the State representative of Disabled Peoples International. The objectives of the centre include promoting the rights of persons with disabilities both individually and collectively and upholding the principles of self help. The DRC actively work for the rights of disabled people. Many projects of disability groups are based on a community development approach. The Centre runs seminars and forums on issues when an expressed need arises. It produces a monthly publication called 'DRC Bulletin'.

The Victorian Mental Illness Awareness Council (VMIAC)

791 High Street, Thornbury 3071

ph: 480 2877

VMIAC represents consumer based groups involved in mental health in Victoria.

Migrant Resource Centres

There are a number of Migrant Resource Centres throughout the Melbourne Metropolitan area and Geelong and LaTrobe Valley. Local ethnic community development projects are often initiated or supported by M.R.C.'s. Contact: Melbourne M.R.C. for centre listings or check phone book.

Migrant Resource Centre

575 Elizabeth Street Melbourne, Vic, 3000

ph: 328 2421

Community Child Care

191 Brunswick Street Fitzroy, Vic, 3065

ph: 4191148

Community Child Care works actively to provide, quality sufficient and appropriate child care services throughout Victoria. It has a strong history of a community development philosophy, especially at a neighbourhood level. It provides information and advice on the planning and co-ordination of children's services at both a federal, state and local level, increases public awareness about children's services and assists in the planning and establishment of new services. Activities include: resource and advisory Service; workshop and seminars for local services, resource booklet on 'Out of School Hours', and service audio-visual package.

Regional Housing Councils

c/o Inner Urban Regional Housing Council

215 Victoria Parade Collingwood, 3066

ph: 417 6127

Links into Ministry of Housing Estate Tenants Associations. Tenants Associations are based on a community development model. A report on "Community Development, a Public Tenant Group Perspective" was published in October, 1986.

Victorian Council on the Aging

449 Swanston Street Carlton, 3053

ph: 663 6199

Represents the views and needs of ageing people in Victoria. They have assisted with the establishment of a number of specific groups and services for older people, on aged service. VCOTA provides an advisory and counselling service and promotional services (Living Bureau) for older people. Membership is open to both individuals and organisations.

Social Biology Resources Centre

139 Bouverle Street Carlton, 3053

ph: 347 8700

The Social Biology Resources Centre provides continuing inter-disciplinary education for people working in health, education and welfare. Courses, workshops and seminars are run on a regular basis, or consultancy for special programs can be arranged. It specialises in health education, counselling skills to human relations education. Social Biology Resources Centre has an extensive library and produces a quarterly newsletter "SBRC Review".

3.2 New South Wales

NSW Community Health Association (NSWCHA)

27 - 33 Spring Street Bondi Junction, NSW, 2022

ph: 389 1433

The NSWCHA organises occasional seminars on current issues as well as holding monthly meetings for 15 members. A branch in Illawarra has been established, with a Hunter branch currently being set up. The Association produces a regular newsletter called 'Hard Facts' and is currently compiling a Directory of community health services in NSW.

NSW Council of Social Service (NCOSS)

66 Albion Street Surrey Hills, NSW, 2010

ph: 2112599

Is the major co-ordinating body for the non-government sector in NSW. Undertakes advocacy, policy development submission writing and worker training across a broad range of human service and social justice issues. Examples of current issues include the child support scheme, unemployment, juvenile justice, women's services, child protection, mental health and housing. Produce 'NCOSS News'

Association of Self Help Groups (ASH)

39 Darghan Street Glebe, NSW, 2037

ph: (02) 660 6136

ASII-NSW is a state-wide coalition of self help groups. It provides a register of self help organisations and groups, a self-help information and phone referral service, an after hours talk through crisis service. It is also involved in promoting self help through community research and corporate advocacy, arranges conferences, workshops and community awareness programs.

Women's Health Network

Mallin Suchting c/o Wilma Womens Health Centre

P.O. Box 415 Campbelltown, NSW, 2560

ph: (046) 27 2955.

The State Network is involved in information exchange and resourcing, and acts as a lobby group. It aims to link together the large number of informal health networks in NSW.

Combined Pensioners Association

2nd Floor 8 Kippax St Surrey Hills 2010

ph: 281 1811

The CPA promotes and works in the interest of pensioners to increase living standards and improve quality of life. It provides advice and information to members, lobbies government on pensioner issues and runs a number of specific programs, including some about older people and health. These include "Consumers Fair Go" (Consumer involvement in the HACC program) "Pathways to Action" (skills development for CPA members in presentation, lobbying, advocacy and negotiation) publication of information regarding changes to the health system. Publishes "Pensioner Voice" Magazine

Western Sydney Regional Organisation of Councils (WSROC)

P.O. Box 63 Blacktown, 2148

ph: 6714333

Western Sydney Regional Organisation Of Councils is a voluntary association of nine local government bodies in the Western area of Sydney. It has been involved in analysing and developing policy on a wide range of issues affecting the residents of Western Sydney; for example transport, education, industrial development, employment, children's services and urban development. In 1983 it received federal funding to pilot a Regional Community Development Program. It is still going, and projects developed under this program, have helped facilitate the preparation of major strategies and

activities. WSROC also provides a service called WESTIR, which provides social and demographic information, and research material about the West.

SICH (Student Initiatives in Community Health)

"The Boot Factory" 27-33 Spring Street Bondi Junction, 2022

ph: 3891700

SICH is a national group of students interested in community health. Membership is open to all students from health, paramedical and humanities courses. The national office is in Sydney, with branches in every state. Its primary aim is to widen students perceptions of health and welfare, and this is achieved through a national conference, Inter-disciplinary Education Courses, disorientation camps and a vacation placement scheme (work experience).

Total Environment Centre

Argyle Place, Sydney 2000

Ph: 274 714

Auspice a project group which has taken a strong interest in health and environmental effects of chemicals in both the home and the community.

Ethnic Communities Council

221 Cope Street Waterloo, 2017

ph: 2812288

An umbrella and lobby group for ethnic organisations and people from non-english speaking background in NSW. Its areas of interest include health, and there is a health taskforce which meets when required. Currently funded by HACC for Ethnic Access to HACC services project, which has a developmental focus.

Community Child Care Co-op Ltd

Top Floor 405 - 411 Sussex Street, Sydney, 2000

ph: 212 4600

Provides networking, training, research and advocacy support for government funded children's services in NSW. Supports the involvement of parents in children's services. Produces quarterly magazine "Rattler" and monthly newsletter "Broadside".

3.3 South Australia

SA Community Health Association (SACHA)

c/o Noarlunga Health Services, P O Box 437, Noarlunga Centre, SA, 5168

Represent community health workers in South Australia. Runs seminars and discussions on community health issues. The S.A. Health Educators Assn has recently affiliated with SACHA

SA Council of Social Service (SACOSS)

194 Morphett Street Adelaide, SA, 5000

ph: 2316056

SACOSS organises seminars and workshops on issues in social welfare and welfare administration, provides advice on request to community organisations and provides an information exchange on social service topics. SACOSS publishes a bi-monthly newsletter called 'SACOSS News'.

Women's Health Network

Ali Sinclair (State Co-ordinator) Social Health Branch

S.A. Health Commission, 52 Pine Street Adelaide, 5000

ph: 218 3211

The network has been concentrating on commenting on state policy and on women's health. It is now formalising membership of the network. Meetings are held every 2 months with speakers and discussion on specific issues and concerns. Minutes of the meeting are mailed out to members.

Social Health Branch of South Australian Health Department

52 Pirie Street Adelaide, 5000

ph: 218 3211

The Social Health Branch is divided into two sections – Policy (responsible for 'Health For All' and policy develop-

ment) and primary health care (programs, - health centres and health and Social Welfare Councils (see separate entry below) and worker education courses e.g "Healthwise S.A. facilitators course").

Health & Social Welfare Councils Program

Social Health Branch, S.A. Health Commission

ph 218 3211

Health and Social Welfare Councils are currently being established in three South Australian Regions. The Councils will provide the opportunity for local people to put forward the user and community viewpoint on health and welfare issues and services. The Councils aim to improve the accountability of the health and welfare systems, increase public awareness of health and welfare issues, encourage local participation in decision making about health, and promote a preventative view of health.

Consumer Advocacy Program of S.A. Inc (CAPSA)

GPO Box. 1904, Adelaide, 5001

ph: 352 8599

CAPSA is a consumer advocacy program for people with disabilities. It provides information about the service needs of people with disabilities and advocates for the provision of appropriate services. It encourages the notion of consumer participation in service planning and provision by undertaking on-going research and developing participation skills programs for consumers.

Migrant Health Unit

South Australian Health Commission

52 Pirie Street, Adelaide 5000

ph: 218 3400

Contact point for the Ethnic Health Network (NICC).The Unit is also reviewing the area of migrant consultation and participation. It is currently producing a background issues paper and plans to develop it into a Manual on 'how to consult with migrant organisations'.

Drug and Alcohol Services Council

161 Greenhill Road, Parkside, 5063

ph: 274 3374

State-wide organisation which provides both direct treatment services and prevention and education activities, and also funding for other agencies in the drug and alcohol field.The Council has been involved in a number of activities with a community development focus including the development of outreach services in country areas and training local people to be facilitators for Parent Awareness Programs.

Disabled Peoples International (SA)

The Barton Primary School

GPO Box 909, Adelaide, SA, 5001

ph: 227 0088

State branch of DPI. Provides information and advocates for the rights of people with disabilities.

3.4 Queensland

Queensland Community Health Association (OCHA)

P O Box 276, Paddington, Qld, 4064

The QCHA holds seminars on community health issues and gathers resource material on community health. It provides a forum for exchange of information and acts as a support network for those working in the area. The Association produces a newsletter called 'Health and Community'.

Queensland Council of Social Service (QCOSS)

22 Victoria Street Kelvingrove, Qld, 4059

ph: 8321266

QCOSS is the peak body for voluntary welfare groups in Queensland. Projects currently being undertaken include childcare, emergency relief, housing (have only non-government housing worker in Queensland), and reviews and evaluation of government programs (HACC, SAAP etc). Management training programs emphasising a co-operative model are offered on topics such as training volunteers, roles and responsibilities of committees, money management, resolution of conflict.

Women's Health Network

c/o Brisbane Womens Health Centre

Ph: 8441944

The network has been lobbying for a women's health policy and more services in Queensland. It recently completed a study of women's health needs, with a particular emphasis on rural women. A report of this study is available.

Human Resources Group

c/o 61 Swann Road, Taringa, 4068

ph: 3714547

The Human Resources Group is a network of community development practitioners and academics. It aims to provide training, education and mutual support for community workers. It hosts statewide conference every two years (the next to be in 1989) and co-sponsors publication of the "Continuum" - a quarterly journal which aims to investigate theories of social change and non-violence from a world view.

Migrant Resource Centre

126 Boundary Street West End, 4101

ph: 844 8144

The major information, community education and referral service for migrants in the Brisbane area. Provides both individual advice as well as organising seminars and workshops on a variety of topics, eg submission writing, job application skills, art and craft, english classes. Do not have any projects or courses with a particular developmental focus at present. There are other Migrant Resource Centres in Cairns and Townsville.

Queensland Advocacy Incorporated

Suite 5 Ground Floor Arcade, 40 Tank Street, Brisbane, 4000

ph: 2361122

Queensland Advocacy Incorporated is an independent advocacy group for people with a disability in Queensland. It assists in the setting up of advocacy groups, offers resources and advice to disabled people, advocates for changes in law and policy and encourages a positive image of people with disabilities in the community.

Mackay Regional Council for Social Development

P.O. Box. 984, Mackay, 4740

ph: (079) - 573 088

The RCSD is a developmental and social planning organisation for human service, health and community workers. Membership is drawn from 8 local authority areas. Although there are no salaried staff, the RCSD provides the focal point of the community/social planning network across central Queensland.

Northern Queensland Community Services Department

Social Planner Townsville City Council Walker Street, Townsville, 4810

ph: (077) 723 566

Community Services Department

Community Development Officer Cairns City Council

151 Abbott Street, Cairns, 4870

ph: (070) 502 402

Workers in the local government Community Service Departments provide the major service planning role in Northern Queensland, with most service delivery undertaken by community organisations. They are part of the network of welfare, health and aboriginal services which operate in the area from Cairns to Townsville.

3.5 Tasmania

Tasmanian Community Health Association

32/83 Hampden Road Battery Point, Tas, 7000

The TCHA actively promotes, through lobbying and education, the idea of primary health care, and seeing health in a social context. Current activities include running seminars on issues of interest to members (community development has been a topic in the past), and monitoring the new health service structure in Tasmania.

Tasmanian Council of Social Service (TASCOSS)

82 Hampden Road, Battery Point, Tas, 7000

ph: 31 0755

Co-ordinates the voluntary sector across the State. Current activities include projects on housing, poverty and employment issues. Publishes monthly Journal "CONNECT" which incorporates YACTAS News (Youth Affairs Council of Tasmania).

Women's Health Network

Hobart Women's Health Centre 9 Pierce St, Moonah, 7009

ph: 280 997

Currently involved in a developmental project which is looking at cardiovascular disease among women. Also lobbying to get direct community health services for women.

Disabled People International (TAS)

27 Alma Street, Youngtown,Tas, 7249

ph: (003) 44 7532

Consumer-based organisation for people with any type of disability. This service is run on a voluntary basis, and provides information to disabled people and advocates for their rights.

Social Work Service

Community Health Division (Department of Health Services)

Hobart Tasmania

The Community Health Division co-ordinates the placement of health social workers in Community Health Centres or local councils throughout Tasmania. Many of these workers would be involved in community development activities at the local level.

3.6 Western Australia

WA Council of Social Service

286 Hay Street, East Perth, WA, 6000

ph: (09) 221 2225

WACOSS represents individuals and organisations from the social welfare, health, and community services field. Current activities include developing submissions for the State Budget, a IIACC forum, psychiatric issues working party, monitoring emergency relief programs, child support scheme and auspicing the volunteer centre of W.A. Publications include monthly news up-date and a magazine three times a year.

Women's Health Network

c/o Women's Health Care House 92 Thomas Street, West Perth, WA, 6005

ph: 3212383

Has been focussing on the development of new women's health centres and providing information and liaison between the national network and women's groups in W.A.

Disabled Peoples International Australia (WA)

189 Royal Street, East Perth, WA, 6000

ph: (09) 222 2973

Western Institute of Self Help (WISH)

80 Railway Street, Cottesloe, WA, 6011

ph: (09) 383 3188

WISH is the umbrella group for self help groups in W.A. It conducts conferences and self-help festivals, and generally promotes the value of self-help in the community.

Health Advisory Network

Curtin House, 60 Beaufort Street, Perth, WA, 6000

ph: (09) 328 0241

The Health Advisory Network was established as a representative structure to act as a health issues Forum and to provide advice to the Minister for Health. Situated in the Health Department of W.A., the Network aims to create a forum for consumers and providers of health care services to meet and develop health service objectives that can contribute to

Government policy and Departmental planning. It also acts as an information exchange and 'sounding board' for ideas and proposals about health care and provides effective feedback to the Minister from both consumers and providers about the operation of the health service system.

3.7 Australian Capital Territory

ACT Community Health Association

GPO Box 1659, Canberra, ACT, 2601

The Act Branch conduct forums for members on health issues, have representatives on committees or action groups and are actively involved in lobbying. They produce a regular newsletter "Community Health News".

ACT Council of Social Service

1st Floor, Griffin Centre, Bunda Street, Civic, ACT, 2601

ph: (062) 48 7566

ACTCOSS is the major information, co-ordination and lobbying body for the health and welfare sector in the ACT. It is working particularly in the areas of psychiatric services, alcoholism, juvenile justice, homelessness etc. Through these projects it is endeavouring to make clearer links between ill-health and social and economic status. Publications include the LOOK and SHARE Directories of self help organisations, and a list of doctors who bulk-bill.

Migrant Resource Centre of Canberra and Queanbeyan Inc.

Griffm Centre, Bunda St, Canberra 2601

ph: (062) 488577

The MRC is the umbrella body for ethnic groups in the ACT. It runs community education courses for main stream service providers as well as ethnic communities. An annual course is "Our people, Our cultures" - where local ethnic groups present sessions on traditions and culture to local service providers. The MRC also assists in the development of skills eg. submission writing, reports etc. and employs a community development worker. Particular health activities include a free health assessment service and women's health discussion sessions.

Women's Health Network

Dorothy Broom, Womens Studies Program, ANU

GPO Box 4, Canberra, ACT, 2601

ph: 495111

The ACT WHN has been active in raising the profile of women's health in the ACT. They have held women's services information nights and lobbied to support and extend the existing women's health service. Minutes of meetings are circulated to network members.

3.6 Northern Territory

Northern Territory Council of Social Service (NTCOSS)

1st Floor, Chin Building, 20 Knuckey Street, Darwin, NT, 5794

ph: (089) 41 0244

NTCOSS does not receive any regular funds for its work. It acts as an information exchange and project sponsor for health and welfare groups in both the Top End and Central Australia.

Women's Health Network

Pip Duncan, P O Box 3471, Alice Springs, NT, 5750

Central Australian Aboriginal Congress (CAAC)

P O Box 1604, Alice Springs, NT, 5750

ph: (089) 52 3377

Congress is a major organisation representing aboriginal people in Central Australia. It has been involved in the establishment of many programs and services (including health services).

PART B EDUCATION COURSES AND PROGRAMS

1. Introduction

In this section, educational program selections have been made based on what we thought would be of most use to community development practitioners who may wish to extend or supplement their community development knowledge or skills. Volunteers and committee of management members, as well as paid professionals may find this section useful. The section is divided into two main categories:

- Tertiary (Award) courses - that is those offered as part of the curriculum at TAFEs, C.A.E.s, Institutes of Technology and Universities. In some States where there is not a course with a specific community development focus, a generalist course has *been* listed, as it may be possible to do specific units on a non-assessment basis.

- Workshops, seminars and short courses, which do not have an assessment component. These courses vary greatly in whose offering them, focus and price, but they all offer something that could be of use to the community development worker. Workers who wish to explore career options or job changes will find the Career Reference Centre in each capital city a useful starting place.

2.1 Victoria

AWARD COURSES

Community Information Workers Course

Broadmeadows College ofTAFE

This course is primarily designed for community workers who are employed in a paid or a voluntary capacity as information workers. The course trains participants to provide information and to be able to refer people to appropriate agencies.

Contact: Social & Community Studies

ph: 301 0454

Similar courses are also available at Box Hill TAFE, Goulburn Valley TAFE, Loddon Campaspe TAFE, MADEL (Mildura), Morrabbin TAFE, RMIT, School of Mines, Ballarat, Wangarratta TAFE and Yallourn TAFE, Outer Eastern College ofTAFE.

Pre-vocational Course in Social and Community Services

This course aims at providing an opportunity to explore options for employment and/or retraining, or further studies in the social and community services area. It covers personal development, exploring issues in the field, and employment options.

Available at: Outer Eastern College ofTAFE, Dandenong TAFE, Broadmeadows College ofTAFE.

Associate Diploma in Community Development

Broadmeadows College of TAFE

Provides students with the practical knowledge and skills required to function effectively as community development workers.

Contact: Social & Community Studies ph: 301 0454

Associate Diploma in Community Development

Outer Eastern College of TAFE (as for Broadmeadows)

Contact: Centre for Social & Community Studies ph: 220 8812

Associate Diploma of Community Development

Western Institute

It is planned that this course will be offered in 1989. (Currently awaiting accreditation) Will provide students with the practical knowledge and skills required to function effectively as community development workers.

Contact: School of Community Studies ph: 365 2147

Associate Diploma in Community Work

Victoria College (Prahran Campus)

For practicing community workers, it is oriented primarily towards those who are seeking to increase their knowledge, skills and understanding of community work.

Contact: Department of Sociology & Community Development ph: 200 5427

Graduate Diploma in Community Development

Phillip Institute of Technology

Community development is about the empowerment of people so that they can take more effective collective action to deal with the concerns and problems which confront them. This course provides the opportunity to develop both theoretical understanding and practical skills relevant to the field of community development. There is a strong emphasis on locating community development work in the current Australian social, political and economic context.

Contact: School of Community Services & Policy Studies ph: 468 2398

Graduate Diploma in Health Education

Lincoln School of Health Sciences

Course to recommence in 1989. This course focuses on a community-based approach to health emphasizing the health of populations. Consequently, it is oriented to community needs assessment; design and implementation of appropriate strategies of health care; social and environmental intervention and evaluation of health sciences. Attention is also paid to the development of skills in health education, community development, teamwork and inter-personal skills.

Contact: School of Behavioural Sciences ph: 342 0200

Graduate Diploma in Health Education

Lincoln Institute of Health Sciences

This course is designed to meet the needs of those working in health, welfare and community education who wish to develop a health education capacity within their professional work. Knowledge and strategies of health education and promotion (eg. at both an individual and community level; behavioural change, self empowerment and collective action) at both are covered.

Contact: School of Health Administration and Education ph: 342 0345

Graduate Diploma in Health Education

Victoria College (Burwood Campus)

For teachers and health professionals. The course covers health education curriculum development and promotion strategies, research methods, interpersonal relationships and a study of the social view on health.

Contact: Department of Health, Physical Education & Recreation ph: 285 3294

Graduate Diploma in Health Education

Ballarat College of Advanced Education

This course is designed for teachers and health professionals who are interested in presenting, advising on or co-ordinating health education programs within a school or the community. The course combines theoretical and practical units, covering a range of subjects from how the body functions, to the relationship between individuals and their environment.

Contact: Course Administrator Department of Physical Education & Recreation ph: (053) 33 9689

Aboriginal Health Worker Course

Koorie Kollij

The Aboriginal Health Worker Education Program is for aboriginal people who wish to work in their communities on health matters. Other educational course (eg: video making) are also offered at Koorie Kollij.

Contact: The Administrator, Koorie Kollij ph 417-3024

WORKSHOPS, SEMINARS & SHORT COURSES

People Projects

Employ-working effectively Inc.,

P.O. Box 1042 Windsor, Vic, 3181

ph: 51 3625

People Projects is a community development and education service which provides a range of services to community organisations. Services include conducting training programs in community work and designing and running special workshops for individual groups. People Projects are committed to promoting the concept of 'self help' and 'community development' through access to information and skills. One day workshops are conducted in funding and lobbying, community development, working with groups, meeting techniques, effective communication and planning and evaluation of programs. Short courses are also run in 'planning your role as a community worker', group management seminar, as well as community group skills workshops. Special services are offered such as assistance with in-service training packages, submission writing, organising conferences, providing and training facilitators and assistance in the development of research projects. People Projects produce a regular publication called 'Community Quarterly'.

Summer School for Human Services

School of Social Work Phillip Institute of Technology

Plenty Road Bundoora, Vic, 3083

Contact: Summer School Co-ordinator ph: 468 2259

One or two day workshops are held at PIT (Bundoora Campus) and at TAFE College (Shepparton). This summer school is for people who are currently working in community groups and wish to improve their skills.

Continuing Education Program

Lincoln School of Health Sciences Department of Health Administration & Education

625 Swanston Street Carlton, Vic, 3053

Contact: The Co-Ordinator (Continuing Education) ph: 342 0345

The continuing Education Program aims to contribute to the development of health science professionals and community awareness of health matters. Topics for Seminars, Workshops and Short Courses include committee procedures and practice, health service agreements, evaluating education and community health programs, and words in the workplace (a practical overview of official communications). The school also offers a consultancy service, which will assist in the planning of educational conferences, seminars and workshops as well as constructing specialised in-service programs to meet the particular needs of clients.

Council of Adult Education

256 Flinders Street Melbourne, Vic, 3000

ph: 652 0724 (Statewide Training and Development)

The CAE provide workshops, consultations, written materials and discussion papers for community-managed organisations and Government Agencies. Topics include roles and responsibilities of community committees and their workers; incorporation, insurance and other legal requirements on community groups; handling conflict and developing assertiveness and negotiation skills; communication skills: funding and submission writing.

Mayfield Centre

Hospital and Health Services 11 - 27 Mayfield Avenue Malvern, Vic, 3144

ph: 20 3221

Mayfield Centre offers short courses, extended and certificate courses and special projects and consultancies for all people working in hospitals or health services. One stream is primarily for managers, administrators and supervisors. Topics offered include conflict management; formulating management philosophies, objectives, policies and procedures; writing reports, letters and memos; time management, staff performance and assertiveness skills for managers and supervisors.

Augustine Centre

2 Minona Street Hawthorn, Vic, 3122.

ph: 819 2844

The Augustine Centre aims to help individuals improve their well being. Their program includes short courses in lifeskills (assertiveness, relaxation and managing stress), relationships and personal development (conflict resolution, personal growth intensive), and spiritual development (spirit, self-empowerment). Training and leadership courses include: group leadership training, facilitation skills for small groups and working with volunteers. A separate professional development program offers a series of short courses on conflict management, assertiveness, training and managing groups effectively. The Centre also offers a consultancy service and will design a program to meet the special requirements of the organisation or group.

Caimmiller Institute

993 Burke Road Nunawading, Vic, 3124

ph: 813 3400

The Institute offers a range of programs, seminars and services, based on psychological knowledge and skills. Programs offered include personal performance appraisal and development profile, stress management, career counselling and assertiveness training. Their consulting and training service provides in-house staff counselling, staff training and corporate development strategies, designing programs to meet the specific requirements of particular organisations. Summer School and Saturday seminars are also offered.

2.2 New South Wales

AWARD COURSES

Associate Diploma in Aboriginal Health and Community Development

Cumberland College of Health Sciences

This Course is for people who are working, or wish to work, with Aboriginal communities. It is open to Aboriginal people. It covers Aboriginal studies, communication skills, community care, counselling, community development, alcohol and other drug use, emergency care, and management issues such as time and personnel management and general administration.

Contact: School of Community Health ph: (02) 646 6444

Diploma and Masters in Community Health

Cumberland College of Health Sciences

Diploma course to be offered in 1989. This course places health in a social context and examines core areas of both the community health theory and practice. Specialist study may be undertaken through the wide range of elective subjects. The course aims to develop the effective practice of primary health care in a multi-disciplinary team setting. The Masters in Community Health is currently awaiting accreditation. The first part of the Masters Course will be the same as the Graduate Diploma. The second part will offer more advanced study and training.

Contact: School of Community Health ph: (02) 646 6444

Associated Diploma in Community Organisations

Kuring-gai College of Advanced Education

An off-campus course, designed for those working (paid or unpaid) in community-based organisations who may be involved in management/administration, service delivery or community development tasks. This course aims to enhance knowledge and skills applicable to their working environment.

Contact: School of Recreation and Community Studies Phone 467 9200

Master of Community Health and Honours Masters of Science (Community Health)

University of Wollongong

These courses offer foundation studies in community health as well as the opportunity to specialise in the student's particular field of interest. It would be particularly useful for graduates who have a health (medical) qualification.

Contact: School of Health Sciences Phone: (042) 270 555

SHORT COURSES AND SEMINARS

Division of Health Promotion

NSW Department of Health P.O. Box 450 CROWS NEST 2065

Provide short courses for health practitioners on a variety of subjects, for example: Relaxation and stress management skills, Planning education resources, Group leadership skills, Making health interesting. Selection criteria for participants varies from course to course.

NSW COSS

Are currently planning to set up a training resources unit for the human services field. Are currently involved in some training activities at the regional level.

Contact: Training Co-ordinator (02) 211 2599

Social Work School Summer Studies

University of Sydney or NSW

This regular program of continuing education courses for human service workers alternates between the two Universities (at NSW in 1988/89).

CEIDA- Centre for Education & Information on Drugs & Alcohol

The Rozelle Hospital, Balmain Road, Rozelle, NSW, 2039

ph: (02) 818 5222

CEIDA provides education and training programs for drug and alcohol workers, those working in the area of health and welfare, and other interested professionals. CEIDA offers issue-based and experiential courses for both new and

established workers, offering a source of up-to-date information and skills development. Workshops are provided in community development (both introductory courses and advanced courses for those working in the area). Courses are also held in group methods and dealing with worker 'burnout'. CEIDA training and education staff also provide consultant services to Government Departments and private organisations.

2.3 South Australia

AWARD COURSES

Graduate Diploma in Group Work/Health Counselling

South Australian Institute of Technology

Provides skills in relating to groups. eg: group counselling, development and dynamics, leadership skills, behavioural assessment, family counselling etc.

Contact: School of Social Studies Phone: 236 2211

Aboriginal Community Development

South Australian Institute of Technology

Bachelor of Arts in Aboriginal Affairs

Equips graduates to be effective administrators in Aboriginal organisations, especially in the area of middle management, advocacy and executive employment.

Associate Diploma in Aboriginal Community Administration

Oriented towards management of community organisations – particularly Aboriginal. Up to 75% of places available in both these courses may be reserved for qualified applicants of Aboriginal or Islander descent.

Contact: Department of Health Sciences and Social Welfare Phone: 236 2211

Associate Diploma of Applied Science (Community Work)

– to be upgraded in 1989 to Bachelor of Applied Science (Human Services)

South Australian College of Advanced Education

The current Associate Diploma provides general training for all community workers (both paid and voluntary) and also offers options for specialist training which is responsive to the needs of particular sections of the community. The Bachelor course will place a particular emphasis on community development

Contact: Faculty of Education and Community Development Salisbury Campus Ph: (08) 223 6170

Associate Diploma in Aboriginal Studies

Offered in conjunction with the Institute for Aboriginal Development (N.T). This course is for Aboriginal Students who wish to work in aboriginal affairs.

Contact: South Australian College of Advanced Education. Ph: (08) 223 6170

SHORT COURSES AND SEMINARS

SACOSS Training Project

194 Morphett Street Adelaide, SA, 5000

ph: 231 6056

The SACOSS Training Project provides courses and seminars which are relevant to community organisations. A program of one day seminars for Co-ordinators, management, and voluntary workers in community based organisations is offered. Examples of courses are: Establishing neighbourhood networks, Financial planning, Management planning for small groups, and Public relations and media skills for small groups. For those who have received funding for home and community care, a training program is offered in statistics project evaluation, supervision and teamwork, and stress management. Workshops are also conducted on such topics as building self esteem (for those whose job involves building other people's self esteem) and Local government and the community - working together.

Techsearch

183 Melbourne St, North Adelaide 5006

ph. 267 1755

Techsearch is the training and consulting arm of S.A.I.T. Its primary focus is to provide management and computer

training for private business and government employees. Some courses may be relevant to community development workers, eg: negotiation and mediation, improving your organisation's effectiveness, computer courses.

Centre for Continuing Education in Health Administration in Health (SAil)

ph. 363 0920

Have offered a range of courses for health agencies in the past. Are currently reviewing operations due to changes in funding.

2.4 Queensland

AWARD COURSES

Community Workers Course

Kangaroo Point College of TAFE

This course has been developed for volunteers in community work agencies and those employed in community development work. The aim of this course is to improve people's skills in community work and to build on existing expertise.

Contact: Community Welfare Studies ph: 891 6111

A Community Workers Course is also offered at Mackay TAFE and an Associate Diploma in Community Welfare is available at James Cook University.

Graduate Diploma in Health Education

Brisbane College of Advanced Education

For teachers and community health personnel who are involved with health programs in the school or community.

Contact: School of Health and Welfare Studies Phone: 352 8111

Bachelor of Social Work

University of Queensland

This undergraduate course has a strong community development component throughout the course. There is also scope within the course to specialise in Family and Child, Group Work or Community Studies.

Contact: Department of Social Work ph 377 2068

Diploma in Social Planning

University of Queensland

For Graduates who wish to participate in the planning, administration and delivery of social services and/or develop a community development perspective for work in local communities. The course includes a practicum subject. Subjects in the Diploma can form part of a Masters of Social Work. The motto for Higher Degree courses in this Department is "development as if people mattered."

Contact: Department of Social Work ph. 377 2068

SHORT COURSES AND SEMINARS

ACOSS

Run training courses for community workers and their management committees.(See entry under network organisations)

Peace Research and Education Centre

Albion Centre for Peace, Justice and Development

102 MacDonald Road Albion, Queensland

Provide community development training for workers in the non-government sector, especially for locally based workers or internationally orientated groups involved in community development work (eg CAA)

Continuing Education Courses

Queensland Institute of Technology

A variety of short, non-award courses are offered at Q.I.T. which may be of interest to community development workers, including: proposal and submission writing, new approaches to communication, writing, layout and production of newsletters, speech writing. Other courses may be run upon request. Informal "continuing education" seminars and courses for practitioners are run from time to time by the community work or social work schools in tertiary institutions.

These are not usually formally advertised, and are free of charge.

For Brisbane, contact the Social Work Practice Centre, 61 Swann Rd., Taringa. 5066

2.6 Western Australia

Post Graduate Diploma in Health Sciences

Curtin University of Technology.

This program seeks to develop in students an understanding of the totality and unity of the health care effort, the value of a multidisciplinary approach to health issues, and the basic tools of intellectual inquiry and research. As well as undertaking core units, students are able to choose a specific stream for more detailed study, one of which is a community health stream.

Contact: Centre of Advanced Studies in Health Sciences Phone: 350 7700

Curtin Centre for Aboriginal Studies

ph: (09) 350 7091

Aboriginal Health Worker Education Program

Narrmoodit Ph: (09) 328 3888

SHORT COURSES AND SEMINARS

Community Skills Training Centre (CSTC)

401-403 Oxford st Mt Hawthorn 6016

ph: 444 9888

CSTC programs are for people working within agencies that have as a primary function the provision of care and support to others. Workshops offered include "Budgeting and Financial Accountability for community groups", "Planning and Managing your Work", "Managing Teams", "Training the Trainer". A training and consultancy service is also available to non government human service organisations

2.5 Tasmania

AWARD COURSES

Associate Diploma of Social Sciences (Welfare Work)

Launceston TAFE

Contact: Welfare Studies ph 322 101

Diploma of Welfare Studies

HobartTAFE

This Diploma is based on a developmental approach. A post-certificate year in youth work offers a more detailed study of community development.

Contact: ph 479 089

SHORT COURSES AND SEMINARS

School of Social Work TSIT (Tasmanian State Institute of Technology)

Run seminars on community development (on demand).

Tasmanian Community Health Association

Runs a series of seminars for health workers on community health issues, including community development.

2.7 Australian Capital Territory

AWARD COURSES

Bachelor of Applied Science in Health Education Canberra CAE

This course is designed to train people to take a "generalist" role in the health education and welfare sectors. It does not have a particular focus on community development, but provides students with a good entry into the health field.

Contact: School of Education ph 522 111

Associate Diploma in Welfare Studies Canberra TAFE Ph: 451600

SEMINARS AND SHORT COURSES

Management and Policy Studies Centre (MAPS)

School of Administrative Studies Canberra CAE

Offers a range of short courses which are primarily orientated towards management in government and private sectors. Some courses offered could be useful to community development workers: for example: negotiation skills, time management, self assertion workshops, running better meetings. ACTCOSS runs short courses on demand, for example: running a good committee, how to interview staff, advantages of collective management

2.8 Northern Territory

Certificate in Community Work for Aborigines

Darwin Institute of Technology

This course prepares Aboriginal people for employment as community and welfare workers in agencies, government departments and Aboriginal organisations. It covers theoretical and practical aspects of welfare work and community development.

Contact: Division of Aboriginal Education Phone: 20 4346

Graduate Diploma in Applied Social Research

Darwin Institute of Technology

Provides "hands-on" experience in social research; eg. surveys and other well-established methods of investigation.

Contact: Faculty of the Arts Phone: 204346 3

Institute for Aboriginal Development

South Tee Alice Spring, (089) 522 688

Offers a range of courses for Aboriginal people including Aboriginal studies, management training, home management and general education bridging courses.

PART C AUDIO-VISUAL MATERIALS

1. Introduction

This section contains a listing of cassettes, videos and films which we believe would be of use to people who want to further examine the ideas and practice of community development.

The listing is divided into three main sections:

- the ideas of community development (sections 1 - 3)
- the practice (sections 4 and 5)
- Distribution: where the audiovisuals may be obtained from.

Each entry is set out in the following format:

Title

Length

Producer and year

Type of audiovisual

Where it can be obtained from (denoted by • and abbreviation)

Brief description of what the audiovisual is about

2. Seeing Health in a Social Context

Three Perspectives in Health

30 min., DHC & Health Promotion Unit, 1988, Audiotape. (*E1YH)

A recording of the 3RRR radio program 'Ears to your Health' in which three perspectives on health intervention are contrasted and discussed - the traditional medical model, health promotion, and community development. Features interview with Kensington CHC Social Worker, Tony McBride on community development.

Health Public Policy

This is a series of four videos developed as a result of the 2nd International Health Promotion Conference on Healthy Public Policy which was held in Adelaide, April, 1988. Three of these videos are:

Healthy Public Policy: Issues for Change

8 min., 2nd International Conference on Health Promotion, VHS, Beta & U-matic (PAL & NTSC), (*DCSH)

Looks at the healthy public policy issues of people - products - settings, the inequalities that exist and the areas for action.

Healthy Public Policy: The Adelaide Conference 1988

8 min., 2nd International Conference on Health Promotion, VHS, Beta & U-matic (PAL & NTSC), (*DCSH)

Highlights the major healthy public policy issues that were debated and discussed during the conference, the dynamic nature of the process and the final conference recommendations. Suitable as a 'discussion starter' for health/non-health professionals, politicians and lobbyists.

Understanding the Challenge of Healthy Public Policy

28 min., 2nd International Conference on Health Promotion, VHS, Beta & U-matic (PAL & NTSC), (*DCSH)

Looks at the concept and practice of health public policy. Suitable as an educational tool and general information for health/non-health professionals and community advocates.

What's your poison

60 mins., NCADA AND ABC, 1987 col, VHS, (*ADF)

Developed from one of the programmes, to provide teachers with strategies which will encourage students to consider drug issues in a broader social context. A comprehensive manual of activities and discussion questions accompanies the video.

Running out of patience

40 mins., Serena Everill & Chris Brown, 1988, VHS & U-matic, (*AFI)

Documents the 1986 Victorian nurses strike, a 7 week-long dispute which resulted in a considerable victory for Victorian nurses. Filmed, produced and directed by two nurses, this videotape is the nurse's story of that dispute.

Healthy Cities

11 mins., Dept. of Comm. Medicine (Uni. of Liverpool), 1987, VHS, (*ACHA)

A series of slides of the City of Liverpool which looks at the social, economic and political aspects of ill health. The commentary describes the concept of 'Healthy Cities' and how the project is promoting the development of health advocacy.

Getting better

60 min., Corroboree Films, 1986, (*SFC)

Aboriginal people have been decimated by diseases introduced by the white settlers of Australia. Even today an Aboriginal person's health and life expectancy is poor compared to white Australians. But things are changing. Aboriginal people are taking control of their own health care. They are trying to combine the best elements of western medicine with traditional remedies.

looking After Ourselves

20 min., SA Film Corporation, 1976, b&w, U-matic, (*NIA)

An enlightening look at the history of women and medicine, at the fundamental misconceptions about women's health care and the way some doctors see women's health problems.

Vital Signs

30 min., Open Channel, 1985, col, U-matic, (*UHS)

A theatre production interspersed with interviews with nurses. This program is a demonstration of most creative ways of bringing nursing to the attention of the community.

3. Understanding Health Problems

Changing images of women drinkers

26 mins., Addiction Research Foundation (Canada), 1976, U-matic (NTSC), (*ADF)

Examines through interviews and narration attitudes to women who are problem drinkers. It is stressed that a woman's alcoholism and rehabilitation needs to be seen in a total context - that emotional, spiritual, physical and social factors are all important.

Tobacco -The complete story

29 mins., Addiction Research Foundation (Canada), 1981, U-matic (NTSC), (*ADF)

A documentary which examines the social, economic and health impact of tobacco use in Canada. It covers the issues of tobacco production, employment, taxes, revenue exports and advertising as well as the negative health effects of tobacco.

Welcome to the club

30 min., New Zealand, 1985, video, (*ACC)

This looks at smoking from a social perspective. It examines advertising and sports sponsorship of NZ athletics and changing attitudes towards smoking in the workplace and restaurants.

Uwankara Palyankyu Kanyintiaku (Strategy for Wellbeing) (*NHGCR)

This video, which is still in production, is a report of an Aboriginal project which is based on the aims of wellness and well-being.

4. Community Development Approaches

The Honour of it all: The story of Alkali lake.

56 mins., (Pt. 1), 43 mins., (Pt.2), 26 mins., (Pt.3), Alkali Lake Indian Band, 1986 VHS (NfSC), (*CC)

This is the story of the Alkali Lake American Indian community's decline into alcoholism and subsequent self managed revival during the years 1940 to 1985. Through social action the community moves from 95% alcoholism to total sobriety.

Saul Alinsky - five films which examine Saul Alinsky's philosophy of using participatory democracy to organise communities into effective action units.

Building an Organisation

38 min., National Film Board of Canada, 1968, b&w, (*SFC)

This film deals with the obstacles encountered by a new community action organization in Buffalo, New York, as it begins to work for recognition.

A continuing responsibility

43 min., National Film Board of Canada, 1968, b&w, (*SFC)

The Woodlawn Organization in Chicago demonstrates that Saul Alinsky's technique creates on-going organizations firmly rooted in the community.

Deciding to organise

34 min., National Film Board of Canada, 1968, b&w, (*SFC)

A group of concerned citizens from Payton, Ohio, consult Alinsky on the means of creating an effective organization.

People and Power

18 min., National Film Board of Canada, 1968, b&w, (*SFC)

Saul Alinsky talks about his philosophy and the dynamics of organization. Conflict and controversy are seen as an integral part of Alinsky's approach.

Through conflict to negotiation

46 min., National Film Board of Canada, 1968, b&w, (*SFC)

A community action group in Rochester, New York, confronts the community's largest employer on the issue of corporate responsibility and the employment of minority groups.

Challenge for Change Series - 4 films

Challenge for Change

25 min., National Film Board of Canada, 1968, b&w, 16mm, (*SFC)

Challenge for Change is a community based Canadian Government program. The film explains what it is and how it is designed to improve communications, create greater understanding, promote new ideas, and precipitate social change within communities.

Neil and Fred

28 min., National Film Board of Canada, 1971, b&w, 16mm, (*SFC)

Relates the difficulty of elderly people in remaining independent by focusing on a couple who must decide whether to move into a residence for senior citizens or maintain their own familiar home.

The New Alchemists

29 min., National Film Board of Canada, 1974, Col, 16mm, (*SFC)

On a small farm, a group of people explore the possibilities for more self-sustaining communities involving interrelated food-producing systems and small scale technology.

Co-op Housing: getting it together

24 min., National Film Board of Canada, 1975, Col., 16mm, (*SFC)

Deals with the planning and procedures involved in setting up a co-op, whether it means building one, or buying and rehabilitating existing housing. People living in different kinds of co-ops talk about them and how they function.

Setting up a Community Group: the first steps

Community Child Care, 1988, Tape/Slide Kit (being produced)(*CCC)

Covers the stages of group development; making contact with others, Talking it Over, finding out What's Needed, finding out What's There, deciding What to Do, Getting Going.

What is Self Advocacy?

20 min., The National Self Advocacy Kit Project, video (VHS & BETA), (NSAKP)

Produced by the National Self Advocacy Kit Project, this tells the story of one man's advocacy in discovering what self advocacy is.

The city changes

15 min., Andrew Janczak, 1971, col, 16mm, (*SFC)

A film designed to generate discussion on the reasons for change and the degree to which a community can or should exercise control over change.

5. Community Health Programs

Community Health for a changing society: Health promotion and community development in Kensington.

25 min., Centre for the Study of Higher Education (Melb. Uni), 1979, col, U-matic, (*KCHC)

This video provides a background to the Kensington community and explains why the Health Centre was established, its aims and the work of the staff. It outlines how the centre deals with issues within the community, and in particular discusses a community development approach. This strategy is illustrated by examples such as action over the condition of Housing Commission flats, traffic problems and the provision of a credit union for low-income earners.

Health Centres - The Canberra Concept

14 min., Film Australia, 1974, col, 16mm, (*NIA)

Two Canberra Community Health Centres show how a centre works in L5 community and how it fulfills the concept of responding to health need,

An On-going crisis

20 min., Australia, 1980 U-matic, (*SFC)

This tape looks at the role of government in meeting youth housing need5. The main thrust of government policy has been to fund youth refuges. Community pressure has led to the establishment of 2 initiatives in Canberra - Ainslie village- a community self-help enterprise and the Group Housing Scheme.

Building Dreams

60 min., Corroboree Films, 1987, (*SFC)

Building Dreams is about a step forward in Aboriginal self-determination. Until recently, people of Aboriginal descent had little hope of ever owning a home or getting a permanent job. Now, young aboriginal building apprentices are putting up first class new homes for their own communities. Better living conditions are helping Aboriginal people to maintain their own distinct sense of identity and boosting their self confidence.

Community Health Centre: The Australian Concept

25 min., Film Australia, 1975, col, 16mm, (*SFC)

Produced for the Hospitals and Health Services Commission, this film illustrates current developments in the area of community health in Australia, paying particular attention to the new initiatives and trends introduced by the Health Agencies.

Camp Jungai 1986

12 min., Health Productions, Health Dept. Vic., 1986, col, VHS, (*KHPDU)

This video discusses the issue of Koorie Diabetes and the lack of information available on Diabetes in the Aboriginal community. A Camp was seen as a good place to learn about this condition. The film shows how Aboriginals are brought together and learn from each other, how they share information about Diabetes, and the value that is gained in hearing of other people's experiences.

Aboriginal Sugar Diabetes Togetherness: Camp Jungai

13 min., Vic. Health Commission & Dept. of Aboriginal Affairs, 1987, col, VHS, (*KHPDU)

This reports on Camp Jungai - the first adult diabetic camp in Australia. Those at the camp are given advice on diet and participate in a discussion of lifestyle changes. Many participants in the camp are health workers who wish to take back information to their own communities.

6. Case Studies in Community Development

National Housing Conference (Into the eighties: into the community)

23 min., Fifth Strand Collective, 1983, col, U-matic, (*SBRC, NIA)

Made during the National Housing Conference for Intellectually Disadvantaged Citizens, held in Melbourne, 1983, this video shows intellectually disadvantaged people speaking for themselves on a variety of topics. Issues include the need

for de-institutionalization and inexpensive housing within the community, self-advocacy, improvement in support services, the need for training to prepare for community living.

Dust to Dust

27 min., Australian Film & Television School, 1981, col, 16mm, (*AFI & SFC)

Tells the story of a small town in Northern New South Wales and the effects of asbestos mining there. It is estimated that 3/4 of the workers (mainly Aboriginal) have died or are sick from exposure to asbestos. The film concentrates on the workers (so far unsuccessful) attempting to gain compensation from the Dust Diseases Board. An excellent film for discussion of the subject of occupational health hazards and workers' compensation.

The Chicago Maternity Centre Story. Part 1: Health Care worth fighting for.

30 min., Kartemquin Films, 1977, b&w, 16mm, (*NIA)

This film is about the Chicago Maternity Centre which provides prenatal, midwifery and post natal care to those who cannot afford hospital fees. Includes segment on a difficult home delivery.

The Chicago Maternity Centre Story. Part 2: The struggle for control.

30 min., Kartemquin Films, 1977, b&w, 16mm, (*NLA)

When the Centre was taken over by a new women's hospital and closed because it was not economically viable the citizens unsuccessfully fought the closure. Poses the question, "Who controls health care in America?"

The SPAN Project

21 min., Swinburne Film & Television Dept. Production CoL, 1981, col, 16mm & VHS, (*SFC)

A documentary of the SPAN community project for older and retired people. Based in Northcote, SPAN was initially managed by workers from the Brotherhood of St Laurence and then handed over to older members of the community. This assisted in raising the status of older people by acknowledging and utilizing their skills.

The health of the town

30 min., NSW Dept. of Health, 1978, U-matic, (*CEIDA)

A documentary about a volunteer training program run at 50/50 House in Orange. The Trainer, Tim Earnshaw is interviewed about the aims and goals of the house. Health professionals, volunteers and citizens talk about the house and about drug and alcohol problems in the community. A few segments from a Life Skills Workshop are shown.

It's ours whatever they say

39 min., Jonathon Power, 1972, col., 16mm, (*SFC)

A fatal accident involving a child provokes parents on a council estate into fighting for the provisions of an adventure playground. The film is shot as a newsreel, tracing the day by day advances and setbacks of the tenants.

The school is not an island

41 min., Film Australia, 1976, col., 16mm, (*SFC)

A group of students from Sunshine North Technical School (Melbourne, Victoria) attempt to start their own coffee shop as part of community involvement program, and discover much about their ability to control their lives.

VIR Rosedale

31 min., University of Calgary, b&w, (*SFC)

A tiny village with no local government, water, sewerage or gas, formed a citizen's committee and used video equipment to organise the members of their community to bring about social change.

The battle for Bowen Hills

21 min., Crowsfoot Films, 1982, b&w & VHS, (*AFI & SFC)

The story of Brisbane working class residents' protracted struggle to defend their homes against the inner city freeway proposals of the Queensland Government. The film was made especially for community groups finding themselves under a similar threat and for those interested in multinational development and the political economy of transport.

Women Breakout

26 min., Halfway House Collective, 1981, col, 16mm, (*AFI & SFC)

This film is set in the Halfway House, a feminist refuge run by a collective. Through a combination of animation, re-enactment and interviews, the film shows how the House gives women the space and support to take control of and change their own lives. Also shows the basic principles involved in working in a collective.

The Organ Factory

20 min., R&R Films Production Co., 1978, col., 16mm, (*SFC)

The development of Collingwood Community Education Centre -the Organ Factory. Activities include a Resident's Association and a drama group before and after school.

They reckon a woman's world's just it and a bit

24 min., Sth. Australian Film Corporation, 1976, col, U-matic& 16mm, (*SFC)

A documentary about a group of women in Salisbury SA who decided to do something about feeling house bound by forming a Care Group. Through this they provide support for each other and gain a sense of self and initiate community action, such as picketing the council for traffic lights at a dangerous intersection.

Vacant lot

16 min., Canadian National Film Board Production Co., 1977,col, 16mm, (*SFC)

176 senior citizens transform a vacant lot into a garden of lights. This encourages them to become more active and also builds a sense of community.

Reaching out

15 min., Film Australia, 1983, col, 16mm, (*SFC)

An experiment in Melbourne shows how a community is benefiting from putting to use its older people's previously wasted skills and wisdom.

Our Multicultural society

9 min., Film Australia Production Co., 1979, col, U-matic, (*SFC)

Shows how a group of Greek women and men start their own radio program in Adelaide. They are motivated by pride and interest in their own ethnic origins and are aware of the cultural deprivation of Greek migrants.

The Settlement

17 min., The Australian Film and Television School, 1977, col, 16mm, (*SFC)

This is a promotional documentary for a self-help community centre in Chippendale, a working class, inner city suburb of Sydney.

1. Community Development skills and Worker Survival

The Catalysts

24 min., R&R Films Production Co., 1978, col, 16mm, (*SFC)

Community education officers act as catalysts in the community. Examples in the film cover advice for farmers on how best to update their qualifications, and running classes at Yarraville Community Centre.

The Meeting tapes

45 min., (Pt.1), 45 min., (Pt.2), The National Self Advocacy Kit Project, VHS & BETA, (*NSAKP)

These are teaching tools designed for people who know little or nothing about meetings. They cover how to run and participate in meetings.

Yes we can manage

A series of four videos designed to teach management skills for community organizations (SACOSS)

Yes we can manage finances

1 hr 35 min., S.A. Council of Social Services, VHS, Beta & U-matic, (*SACOSS)

Covers financial administration for a small association, including how to prepare a budget, set up a petty cash system, prepare a monthly financial statement, arrange the preparation of annual accounts and obtain an audit.

Yes we can manage committees

2 hrs., S.A. Council of Social Services, VHS, Beta & U-matic, (*SACOSS)

Covers getting started, the basics of constitution, simple meeting procedure, understanding how people act in a committee, communication skills, coping with common problems such as status or confidentiality, and winding up.

Yes we can manage planning

1 hr 45 min., S.A. Council of Social Services, VHS, Beta & U-matic, (*SACOSS)

Covers how to clarify the aims of your organization and develop a program plan, review and evaluation, needs assessment, and how to write a funding submission based on your plans. This tape includes examples of two typical small community groups.

Yes we can manage marketing

2 hrs 15 min., S.A. Council of Social Service, VHS, Beta & U-matic, (*SACOSS)

This is a do-it-yourself marketing and promotions, including understanding yourselves and your image, analysing the people you reach, motivation and targeting, publicity using posters and personal contacts, publicity through the media, lobbying and follow through.

Meetings Bloody Meetings

31 min., Video Arts Production Co., 1976, col, 16mm & VHS, (*SFC)

Written by and featuring John Cleese, this film demonstrates the disciplines and techniques that can be used to make meetings shorter and more productive. It is intended for all levels of management.

More Bloody Meetings

30 min., Video Arts Production Co., 1982, col, VHS, (*SFC)

The sequel to Meetings Bloody Meetings. Aims to develop the social or human relations skills of chairpeopl. It shows them how to improve skills at handling the people who attend meetings, to arrive at better and more acceptable decisions.

Decisions/Decisions: How to reach them to make them happen

29 min., Video Arts Production Co., 1978, col, 16mm, (*SFC)

John Cleese illustrates some of the problems an office manager can come up against if he fails to approach decision making and implementation in a logical fashion. Demonstrates how important it is for managers to use the knowledge and views of their team when deciding on matters that affect the team.

Meeting in progress

38 min., Roundtable Productions, 1969, col, 16mm, (*SFC)

A management training film that looks at the role of a conference leader who is responsible for achieving the purpose of the meeting. A fictional staff meeting led by a department manager demonstrates critical points typical of any meeting and gives solutions to these problems.

Group dynamics

23 min., Communication Research Machines Educational Films, 1973, col, (*SFC)

Analyses, discusses, and illustrates the eight specific traits of group behaviour as defined by Dr. Irving Janis of Yale University in his book 'Victims of Group think'.

Many hear - some listen

11 min., Centron Production, 1975, col, VHS & 16mm film, (*SBRC & SFC)

This film considers the skill of effective and accurate listening. It focuses on the component of listening: attention level, making assumptions about the message. It is designed to improve interpersonal communication skills.

Dealing with criticism

11 min., Centron Corporation, 1975, col, (*SBRC & NIA)

This film demonstrates the different ways that people may react to and utilise feedback of a personal nature when it is presented by other people. Typical kinds of responses are shown: anger and aggression, anger followed by passivity, withdrawal and compliance and attention to the problems at hand.

Drawing conclusions is a tricky art

13 min., Centron Educational Films, 1975, col, (*SBRC & NIA)

This film describes a three-step process by which people form conclusions: observation, interpretation and drawing conclusions. Errors in judgement may occur at any of these stages - but usually during interpretation.

Problem solving strategies: the Synectics approach

28 min., CRM Productions, 1980, col, 16mm, (*NIA)

Presents an actual problem solving laboratory at Synectics Incorporated, a consulting firm in Cambridge, Mass., which specialises in the process of creative problem solving. Illustrates a simple set of innovative strategies that can aid creativity, speculation and problem solving and which any individual or group can use.

Managing People

11 min., Tertiary Education Research Centre (Uni. of NSW), 1983, col, U-matic, (*NIA)

Portrays six situations commonly encountered by women in the workforce. They illustrate some of the conscious and unconscious barriers which hinder women in attaining their professional and career goals.

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Burnout

27 min., J. Gary Mitchell & John McDonald, 1979, col, 16mm, (*NLA)

A humorous look at the problem of burnout. Defines the types and symptoms of burnout and presents coping strategies, support systems, detached concern, and awareness of vulnerabilities.

Managing stress

14 min., Centron Production, 1984, col, VHS, (*SFC)

Outlines some reasons for stress: loss of self esteem, boredom, role conflicts, excessive responsibility, lack of control and work overload. Demonstrates techniques for temporarily relieving stress, such as deep breathing or meditation and gives suggestions for warding off such stress through cognitive restructuring.

The time of your life

25 min. Jerry Kramer Production, 1974, col, 16mm (*SBRC & NLA)

Based on Alan Lake's book "How to get control of your time and your life", it outlines six simple ideas for making more effective use of your time and for getting more done with less effort.

The stress mess

25 min., USA, 16mm, & VHS, (*ADF)

A dramatised, semi-narrated program which presents the more absurd and amusing aspects of stress by looking at different members of a family under stress. The program suggests techniques for prioritizing and ordering work/study demands so that they are manageable.

When I say no I feel guilty

27 min., Cally Curtis Co., 1977, col, 16mm, (*ADF & SFC)

This American program uses dramatization and role play to demonstrate the various techniques used in assertiveness training. Minimal jargon is used and appropriate assertiveness techniques are modelled. It deals with being manipulated, side tracked, sensitive to criticism, and being unable to say 'no'. Verbal skills discussed include: broken record, dogging, negative assertion, negative enquiry, free information and self-disclosure.

Distribution

| | | | |
|-------|---|--------|--|
| ACC | Anti-Cancer Council of Victoria 1 Rathdowne Street Carlton South, Vic, 3053 ph (03) 662 3300 | KCHC | Kensington Community Health Centre 12 Gower Street, Kensington VIC 3031 ph: (03) 376 0523 |
| ACHA | Australian Community Health Association 27-33 Spring Street Bondi Junction, NSW, 2022 ph (02) 3891433 | LIHS | Lincoln Institute of Health Sciences Library St. Heilliers Street, Abbotsford VIC 3067 ph: (03) 418 6853 |
| ADF | Alcohol & Drug Foundation 153 Park Street St. Melbourne, Vic, 3205 ph (03) 690 6000 | NHCRG | Nganampa Health Council Regional Office 3 Wilkinson Street, Alice Springs NT 5750 ph: (089) 52 5300 |
| AFI | Australian Film Institute 47 LaTrobe Street, Melbourne, Vic, 3000 ph (03) 662 1944 | NLA | National Library of Australia Parkers Place, Canberra ACT 2600 ph: (062) 62 1111 |
| CC | Cumberland College of Health Sciences Resources Centre East Street Lidcombe, NSW, 2141 ph (02) 646 6444 | NSAKP | Available for purchase from: The National Self Advocacy Kit Project 123 Sydney Road, Brunswick VIC 3056 ph: (03) 388 1590 |
| CCC | Community Child Care, 191 Brunswick Street Fitzroy, 3065 ph (03) 4191105 | SACOSS | Available for purchase from: SA. Council of Social Service 194 Morphett Street, Adelaide SA 5000 ph: (08) 231 6056 |
| CEIDA | Centre for Education & Information on Drugs & Alcohol The Rozelle Hospital Balmain Road Rozelle, NSW, 2039 ph (02) 818 5222, 818 0444 | SBRC | Social Biology Resources Centre 139 Bouverie Street, Carlton VIC 3053 ph: (03) 347 8700 |
| DCSH | Available for purchase from: Mrs. Heather MacDonald Conference Co-ordinator Department of Community Services & Health GPO Box 9848 Adelaide, SA, 5001 | SFC | State Film Centre 1 MacArthur Place, East Melbourne VIC 3002 ph: (03) 651 1301 |
| ETYH | Ears to your Health Contact: R Lamshed ph: (03) 616 7724 | | |
| KHPDU | Koorie Health Program Development Unit 8th Floor Health Department of Victoria 555 Collins Street Melbourne, 3000 Contact: Joan Vickery/Oscar Kos/Ralph White | | |

RESOURCES UPDATE

1. NETWORK ORGAMSATIONS

Organisations or people who can provide information, ideas and support to health workers involved in community development.

NAME

ADDRESS

PHONE

CONTACT PERSON (IF RELEVANr)

BRIEF DESCRIPTION OF ORGANISATION

COMMUNITY DEVELOPMENT INTEREST

THIS INFORMATION HAS BEEN FORWARDED BY:

NAME

ADDRESS

PHONE

Please return to:

Community Development in Heailh Project

P.O. Box 57,

NORTHCOTE 3070 VIC.

2. EDUCATION PROGRAMS

Award or Non-award courses which either have a community development component or offer skills or knowledge of value to workers.

TITLE

AWARD / NON-AWARD / SHORT COURSE ETC

WHERE IS IT RUN?

PREREQUISITES

LENGTH

INTENDED PARTICIPANTS

CONTACT PERSON:

PHONE/ADDRESS

THIS INFORMATION HAS BEEN FORWARDED BY:

NAME

ADDRESS

PHONE

Please return to:

Community Development in Health Project

P.O. Box 57,

NORTHCOTE 3070 VIC.

3. AUDIO VISUAL MATERIAL

Material that illustrates a community development approach or provides skills training or knowledge of use to community health workers or committee of management members.

Can be 16mm film, 35 mm film strip, slides, video cassettes(VHS/BETA) or audiotapes

TITLE

PRODUCED BY

FORMAT

DURATION

PRODUCTION DATE

COST

(!!!RE/ BUY)

BH!EF DESCHIPTION

INTENDED AUDIENCE

AVAILABLE FROM

THIS INFORMATION HAS BEEN FORWARDED BY:

NAME

ADDRESS

PHONE

Please return to:

Community Development in Health Project

P.O. Box 57,

NORTHCOTE 3070 VIC.

COMMUNITY DEVELOPMENT IN HEALTH